



# Opname op de corona afdeling

## Engels

You are admitted to the COVID-19 department of the Spaarne Gasthuis. We are able to imagine that you are concerned about this hospitalization. Via this brochure we will inform you about the state of affairs during hospitalization.

### **About the department**

Only (possible) infected COVID patients are nursed in the COVID-19 department. By nursing the patients in one department, we prevent the virus spreading. The telephone number of the department is (023) 224 0338. When you are admitted to hospital, contact persons are written down into your personal hospital file. We are only allowed to provide information to these specific contact persons.

### **Nursing in isolation**

You are nursed in 'insulation' (seclusion). We ask your understanding for taking this sometimes radical measure. Nurses and doctors will visit you while wearing personal protecting clothing (mask, isolation gown and gloves).

### **What can you do yourself?**

The most important measures that you can take to prevent the coronavirus spreading:

- Wash your hands regularly
- Cough and sneeze in the inside of your elbow
- Use paper handkerchiefs

- Don't shake hands

## **Visit and insulation measures**

See the brochure 'Measures for visitors to the COVID-19 department' for more information about visiting.

## **Medicines**

During your stay you get medication from the hospital pharmacy.

## **When can you go home and be picked up from the hospital?**

When you go home or go to a nursing home, you get a medical mouth mask from the hospital staff. Please wear this till you have arrived at your final destination. The nursing indicates which route through the hospital you need to take to leave. The person who picks you up may not be sick or having coronavirus complaints. The nurse will call the person who will pick you up to discuss where and when you will be picked up.

## **Scientific research - Information from your medical file**

New treatments and therapies are found every day in medicine. With this we improve the care for our patients. For example, COVID-19 is a new disease, where luckily more and more is found out every day. A lot of research is needed for this. This happens, among other things, by viewing data from patients with COVID-19 and investigating this data. The Spaarne Gasthuis also wants to contribute to that new knowledge and therefore we use patient data for local, national and international research.

### **What does this mean for you?**

From the medical file we collect information about hospitalization and data such as weight, age and length. This information is collected in a study file. Your name and patient number are converted to a code. The "key" of this code remains safely stored in the Spaarne Gasthuis. The data that goes to the principal investigator only contain the code, but not your name or other data with which you can be identified. In reports and publications about the research is it impossible to lead the data back to you.

You or your family member are in no way runs extra risk due to this research. You also get no other treatment or care. You don't have to do anything to participate in it.

### **Objection?**

Participation in scientific research (the registration of your data) takes place according to the so-called 'opt-out' system. This means that your data will in principle be registered for this study, unless you indicate that you do not want this. If you do not want to participate, please let us know. The nurse will help you with filing in the documents needed for this. You can also send an e-mail to [wetenschapsbureau@spaarnegasthuis.nl](mailto:wetenschapsbureau@spaarnegasthuis.nl)

## Waar zijn we te vinden?

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